



VELORA CRYSTALS

Crystals · Healing · Awareness



# Crystal Astrology

*for Beginners*

CRYSTALS · HEALING · AWARENESS



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Part A of 2 · See Part B for Rituals, Moon Signs & Journal Reflections



*Awaken. Align. Heal.*

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# A Gentle Reminder



The properties and meanings we share for our crystals are meant to support your spiritual journey and energetic healing. However, they should never replace the care of a doctor or medical professional. Crystals offer a supportive treatment by working with your vital energy, rather than providing a direct cure for physical ailments. We encourage you to always seek professional medical guidance for any health issues. Although traditional science is still catching up to the experience of crystal enthusiasts, we believe in the profound impact their energy can have on your daily life.

*This guide is offered with love, care, and the deepest respect for your personal journey.*





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# Find Your *Birthstone*

*One crystal, chosen to mirror the core energy of your zodiac sign.*

## How These Zodiac Birthstones Were Chosen

Rather than focusing on traditional monthly birthstones, each zodiac sign in this guide has been paired with a signature crystal that resonates with its core energy and highest potential. These crystals have been carefully selected based on the qualities, gifts, and growth opportunities traditionally associated with each sign.

Think of your zodiac birthstone not as a limitation, but as a starting point — a foundation stone that helps you better understand yourself and your unique path. Approach your crystal as a reminder of the strengths you already possess, the lessons you are learning, and the highest version of yourself you are becoming.



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## The One Crystal Every Sign Should Have

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## ◆ Aries

March 21 – April 19

*Birthstone Crystal: Carnelian*

Aries is ruled by Mars, the planet of action, courage, and ambition.

Carnelian perfectly mirrors the fiery spirit of Aries by enhancing motivation, confidence, and determination. This crystal supports Aries in taking bold action while maintaining focus on meaningful goals.

### Why This Sign Needs It

- Strengthens courage
- Fuels motivation
- Supports leadership
- Encourages positive action

### Affirmation

*"I move forward with confidence and courage."*

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## ◆ Taurus

April 20 – May 20

*Birthstone Crystal: Rose Quartz*

Taurus is ruled by Venus, the planet of beauty, love, and abundance.

Rose Quartz resonates deeply with Taurus's desire for harmony, emotional security, and meaningful relationships.

### Why This Sign Needs It

- Encourages self-love
- Strengthens relationships
- Supports emotional healing
- Promotes inner peace

### Affirmation

*"I open my heart to love and harmony."*

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## ◆ Gemini

May 21 – June 20

*Birthstone Crystal: Citrine*

Gemini is ruled by Mercury, the planet of communication and intellect.

Citrine supports Gemini's natural curiosity, optimism, and creativity while helping maintain mental clarity.

### Why This Sign Needs It

Enhances communication

Improves focus

Encourages confidence

Inspires creativity

### Affirmation

*"My mind is clear, focused, and inspired."*

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## ◆ Cancer

June 21 – July 22

*Birthstone Crystal: Moonstone*

Cancer is ruled by the Moon and is deeply connected to emotions, intuition, and nurturing energy.

Moonstone supports emotional balance while enhancing intuitive awareness.

### Why This Sign Needs It

Strengthens intuition

Supports emotional healing

Encourages self-trust

Promotes inner calm

### Affirmation

*"I trust my intuition and honour my emotions."*

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## ◆ Leo

July 23 – August 22

*Birthstone Crystal: Peridot*

Leo is ruled by the Sun and naturally radiates warmth, creativity, and confidence.

Peridot amplifies Leo's leadership qualities while encouraging joy and self-expression.

### Why This Sign Needs It

- Builds confidence
- Encourages leadership
- Supports creativity
- Inspires optimism

### Affirmation

*"I shine brightly and share my gifts with confidence."*

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## ◆ Virgo

August 23 – September 22

*Birthstone Crystal: Fluorite*

Virgo seeks order, improvement, and practical wisdom.

Fluorite helps organise thoughts, sharpen focus, and reduce mental overwhelm.

### Why This Sign Needs It

- Improves concentration
- Supports organisation
- Encourages mental clarity
- Promotes balanced thinking

### Affirmation

*"My mind is clear, focused, and organised."*

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## ◆ Libra

September 23 – October 22

*Birthstone Crystal: Green Aventurine*

Libra seeks balance, harmony, and beauty.

Green Aventurine encourages emotional equilibrium while attracting opportunities for growth and prosperity.

### Why This Sign Needs It

- Supports balance
- Encourages optimism
- Attracts opportunity
- Promotes emotional harmony

### Affirmation

*"I create balance and welcome abundance into my life."*

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## ◆ Scorpio

October 23 – November 21

*Birthstone Crystal: Labradorite*

Scorpio is associated with transformation, mystery, and personal evolution.

Labradorite supports self-discovery, intuition, and spiritual growth.

### Why This Sign Needs It

- Enhances intuition
- Supports transformation
- Encourages self-awareness
- Strengthens spiritual growth

### Affirmation

*"I embrace transformation and trust my inner wisdom."*

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## ◆ Sagittarius

November 22 – December 21

*Birthstone Crystal: Sodalite*

Sagittarius seeks truth, adventure, and wisdom.

Sodalite supports higher learning, honest communication, and personal growth.

### Why This Sign Needs It

Encourages wisdom

Enhances communication

Supports learning

Promotes self-expression

### Affirmation

*"I follow truth, wisdom, and higher understanding."*

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## ◆ Capricorn

December 22 – January 19

*Birthstone Crystal: Smoky Quartz*

Capricorn values discipline, responsibility, and long-term achievement.

Smoky Quartz provides grounding energy and emotional resilience during challenges.

### Why This Sign Needs It

Supports stability

Encourages perseverance

Promotes grounding

Strengthens resilience

### Affirmation

*"I remain grounded, strong, and committed to my goals."*

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## ◆ Aquarius

January 20 – February 18

*Birthstone Crystal: Amethyst*

Aquarius is visionary, innovative, and future-oriented.

Amethyst supports intuition, higher thinking, and spiritual awareness while calming mental overstimulation.

### Why This Sign Needs It

- Encourages insight
- Supports intuition
- Promotes clarity
- Enhances spiritual awareness

### Affirmation

*"I trust my vision and embrace higher wisdom."*

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## ◆ Pisces

February 19 – March 20

*Birthstone Crystal: Clear Quartz*

Pisces is compassionate, intuitive, and deeply spiritual.

Clear Quartz amplifies Pisces's natural gifts while helping maintain clarity and focus.

### Why This Sign Needs It

- Enhances intuition
- Supports spiritual growth
- Amplifies intentions
- Promotes clarity

### Affirmation

*"I trust my inner guidance and connect with my highest self."*

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# Crystals for Your *Highest Potential*

*Not to heal weaknesses — but to amplify the extraordinary qualities already within you.*

Every zodiac sign possesses unique gifts, strengths, and natural talents. The crystals in this chapter have been selected to amplify the highest qualities each sign is capable of embodying. Think of these crystals as catalysts for growth — helping you step more fully into your purpose, gifts, and authentic self-expression.

*"Your greatest strengths already exist within you. These crystals simply serve as reminders of the extraordinary qualities waiting to be expressed."*

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## ◆ Aries

*Awakening Crystals: Carnelian, Sunstone, Red Jasper*

Aries is the pioneer of the zodiac. Their highest potential emerges when courage is guided by wisdom and action is aligned with purpose.

Carnelian ignites Aries' natural drive and determination. Sunstone strengthens leadership, optimism, and personal power. Red Jasper helps Aries remain grounded while pursuing ambitious goals. When working with these crystals, Aries learns that true

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strength is not impulsive action but conscious, focused leadership.

Highest Potential

Courageous Leader

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## ◆ Taurus

*Awakening Crystals: Rose Quartz, Green Aventurine, Emerald*

Taurus thrives when they fully embrace their ability to create beauty, stability, and abundance.

Rose Quartz opens the heart to self-worth and unconditional love. Green Aventurine encourages growth and opportunity, while Emerald supports wisdom, prosperity, and emotional balance. These crystals help Taurus move beyond comfort zones and trust in their ability to grow while maintaining stability.

Highest Potential

Creator of Lasting Abundance

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## ◆ Gemini

*Awakening Crystals: Citrine, Fluorite, Blue Lace Agate*

Gemini's greatest gift is communication. Their highest potential is realised when knowledge transforms into wisdom.

Citrine inspires confidence and creativity. Fluorite enhances mental clarity and focus. Blue Lace Agate encourages authentic and passionate communication. These crystals help Gemini express ideas with purpose and inspire others through their voice.

Highest Potential

Messenger of Wisdom

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## ◆ Cancer

*Awakening Crystals: Moonstone, Rose Quartz, Selenite*

Cancer possesses profound emotional intelligence and intuitive gifts.

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Moonstone strengthens intuition and emotional awareness. Rose Quartz supports compassion and nurturing energy. Selenite promotes spiritual clarity and inner peace. Together, these crystals help Cancer trust their inner guidance while maintaining healthy emotional boundaries.

Highest Potential

Compassionate Healer

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## ◆ Leo

*Awakening Crystals: Peridot, Sunstone, Citrine*

Leo shines brightest when confidence is balanced by humility and service.

Peridot encourages authentic self-expression and personal growth. Sunstone amplifies joy, vitality, and leadership. Citrine strengthens confidence and manifestation. These crystals remind Leo that their purpose is not simply to shine, but to inspire others to discover their own light.

Highest Potential

Inspirational Leader

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## ◆ Virgo

*Awakening Crystals: Fluorite, Moss Agate, Amazonite*

Virgo's highest expression is not perfection, but mastery.

Fluorite enhances focus and organisation. Moss Agate supports personal growth and connection to nature. Amazonite encourages self-expression and trust. These crystals help Virgo balance analytical thinking with intuition and self-compassion.

Highest Potential

Wise Guide

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## ◆ Libra

*Awakening Crystals: Green Aventurine, Rose Quartz, Lapis Lazuli*

Libra seeks harmony, beauty, and meaningful connection.

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Green Aventurine encourages growth and prosperity. Rose Quartz deepens compassion and emotional intelligence. Lapis Lazuli strengthens truth, wisdom, and authentic communication. These crystals help Libra discover that true harmony begins within.

Highest Potential

Creator of Harmony

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## ◆ Scorpio

*Awakening Crystals: Labradorite, Obsidian, Malachite*

Scorpio is the sign of transformation and rebirth.

Labradorite enhances intuition and spiritual insight. Obsidian supports self-discovery and truth. Malachite encourages deep personal transformation. These crystals empower Scorpio to embrace change and unlock their extraordinary capacity for growth.

Highest Potential

Alchemist of Transformation

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## ◆ Sagittarius

*Awakening Crystals: Sodalite, Lapis Lazuli, Turquoise*

Sagittarius is the seeker of truth and higher understanding.

Sodalite promotes wisdom and mental clarity. Lapis Lazuli encourages spiritual insight and authentic communication. Turquoise supports expansion, protection, and self-discovery. These crystals help Sagittarius transform knowledge into meaningful wisdom.

Highest Potential

Seeker of Truth

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## ◆ Capricorn

*Awakening Crystals: Smoky Quartz, Garnet, Black Tourmaline*

Capricorn excels when ambition is balanced by purpose and resilience.

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Smoky Quartz provides grounding and stability. Garnet fuels motivation and passion. Black Tourmaline strengthens protection and perseverance. These crystals help Capricorn build success while remaining aligned with their values.

Highest Potential

Master Builder

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## ◆ Aquarius

*Awakening Crystals: Amethyst, Labradorite, Aquamarine*

Aquarius is the visionary of the zodiac.

Amethyst enhances intuition and higher awareness. Labradorite supports innovation and spiritual growth. Aquamarine encourages clear communication and emotional balance. These crystals help Aquarius bring visionary ideas into practical reality.

Highest Potential

Visionary Innovator

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## ◆ Pisces

*Awakening Crystals: Clear Quartz, Amethyst, Aquamarine*

Pisces possesses extraordinary imagination, compassion, and spiritual sensitivity.

Clear Quartz amplifies intuition and clarity. Amethyst deepens spiritual connection and inner peace. Aquamarine encourages emotional flow and authentic expression. These crystals help Pisces remain grounded while fully embracing their intuitive gifts.

Highest Potential

Spiritual Dreamer and Healer

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*Your zodiac sign represents a blueprint of potential. Focus less on what you wish to fix and more on what you wish to awaken.*



# The Healing Crystals

## *Your Sign Needs*

*Crystals chosen to balance the challenges and blind spots of each sign.*

While your zodiac birthstone reflects your natural gifts, healing crystals serve a different purpose. They help bring balance to areas where your sign may struggle, overcompensate, or become energetically depleted. A crystal healer often asks: "What does this sign need to develop in order to become whole?"

The following crystals have been selected to support the deeper emotional, mental, and spiritual lessons of each zodiac sign.

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### ◆ Aries

*Healing Crystal: Amethyst*

#### Why Aries Needs It

Aries is naturally courageous, passionate, and action-oriented. However, this fiery energy can sometimes lead to impatience, impulsiveness, and burnout. Amethyst teaches Aries the power of pause, reflection, and inner calm — helping transform reactive energy into conscious action.

#### Supports

Patience

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Emotional balance  
Stress reduction  
Better decision-making  
Spiritual awareness

**How to Wear It**

*Wear an Amethyst pendant close to the heart or throat chakra.  
A bracelet on the non-dominant wrist can remind Aries to pause before reacting.*

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## ◆ Taurus

*Healing Crystal: Fluorite*

**Why Taurus Needs It**

Taurus values stability and security. However, this can sometimes manifest as resistance to change, stubbornness, and attachment to comfort zones. Fluorite encourages mental flexibility and openness to new possibilities.

**Supports**

Adaptability  
Mental clarity  
Personal growth  
Better problem-solving  
Decision-making

**How to Wear It**

*A Fluorite bracelet is ideal for daily use, especially during periods of change.  
Carry a small Fluorite stone during work or study.*

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## ◆ Gemini

*Healing Crystal: Lepidolite*

**Why Gemini Needs It**

Gemini's active mind is one of its greatest gifts, but it can also create anxiety, overthinking, and scattered energy. Lepidolite encourages calm thinking and emotional balance.

**Supports**

Anxiety relief

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Emotional regulation

Better sleep

Mental focus

Inner peace

#### How to Wear It

*Wear near the heart chakra as a pendant, or keep it beside your bed.*

*Geminis often benefit from holding Lepidolite during meditation.*

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## ◆ Cancer

*Healing Crystal: Black Tourmaline*

#### Why Cancer Needs It

Cancer is deeply empathic and emotionally sensitive. Many Cancers absorb the emotions of others without realising it. Black Tourmaline strengthens energetic boundaries and grounding.

#### Supports

Emotional protection

Grounding

Healthy boundaries

Emotional resilience

Stability

#### How to Wear It

*A bracelet or pocket stone is ideal.*

*Many Cancers also place Black Tourmaline near the entrance of their home.*

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## ◆ Leo

*Healing Crystal: Peridot*

#### Why Leo Needs It

Leo naturally seeks recognition and appreciation. When out of balance, Leo may become overly dependent on external validation. Peridot promotes self-worth that comes from within.

#### Supports

Emotional healing

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Self-acceptance  
Heart-centred leadership  
Gratitude  
Personal growth

How to Wear It

*Peridot is especially effective as a ring or pendant worn close to the heart.  
Wear during public speaking or leadership situations.*

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## ◆ Virgo

*Healing Crystal: Rose Quartz*

Why Virgo Needs It

Virgos often hold themselves to extremely high standards and can become overly self-critical. Rose Quartz teaches self-compassion and emotional softness.

Supports

Self-love  
Acceptance  
Emotional healing  
Forgiveness  
Relaxation

How to Wear It

*A pendant worn over the heart chakra is ideal.  
Virgo may also keep Rose Quartz beside the bed for emotional support.*

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## ◆ Libra

*Healing Crystal: Labradorite*

Why Libra Needs It

Libra seeks harmony but can sometimes lose themselves in pleasing others. Labradorite strengthens intuition and self-trust.

Supports

Decision-making  
Personal boundaries  
Self-confidence

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Intuition  
Authenticity

How to Wear It

*Wear as a pendant close to the throat chakra.  
Particularly useful during important life decisions.*

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## ◆ Scorpio

*Healing Crystal: Rhodonite*

Why Scorpio Needs It

Scorpio feels deeply and intensely. Old emotional wounds can sometimes become difficult to release. Rhodonite encourages forgiveness, emotional healing, and compassion.

Supports

- Heart healing
- Emotional release
- Forgiveness
- Relationship healing
- Inner peace

How to Wear It

*Wear close to the heart as a pendant.  
Excellent for emotional healing practices and journaling.*

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## ◆ Sagittarius

*Healing Crystal: Smoky Quartz*

Why Sagittarius Needs It

Sagittarius is adventurous and future-focused but can become ungrounded or scattered. Smoky Quartz helps anchor their energy.

Supports

- Grounding
- Focus
- Stability
- Practical action

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Discipline

How to Wear It

*Wear as a bracelet or carry in your pocket during travel.*

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## ◆ Capricorn

*Healing Crystal: Moonstone*

Why Capricorn Needs It

Capricorn is responsible and hardworking but often suppresses emotions. Moonstone encourages emotional awareness and self-care.

Supports

- Emotional balance
- Intuition
- Self-nurturing
- Stress relief
- Inner harmony

How to Wear It

*Moonstone jewellery is particularly effective as a pendant or ring.  
Wear during times of emotional stress.*

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## ◆ Aquarius

*Healing Crystal: Rose Quartz*

Why Aquarius Needs It

Aquarius is highly intellectual and visionary but may struggle to connect with emotions. Rose Quartz helps open the heart and deepen emotional connection.

Supports

- Compassion
- Emotional expression
- Connection
- Self-love
- Relationship harmony

How to Wear It

*Wear near the heart chakra daily.*

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*Ideal as a pendant.*

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## ◆ Pisces

*Healing Crystal: Hematite*

### Why Pisces Needs It

Pisces is deeply intuitive and spiritual but can become overwhelmed by emotions and external influences. Hematite provides grounding and energetic stability.

### Supports

Grounding

Focus

Protection

Emotional balance

Mental clarity

### How to Wear It

*Wear as a bracelet or keep in your pocket.*

*Particularly useful during meditation and spiritual work.*

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### A Professional Healing Tip

When working with healing crystals, less is often more. Choose one primary healing crystal for a period of 21 to 30 days and work intentionally with its lesson. This allows you to develop a deeper relationship with the crystal's symbolism and the personal growth it represents. Ask yourself daily: "What is this crystal trying to teach me about myself?"

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## Continue Your Journey

This is Part A of your Crystal Astrology guide. Download Part B to explore Moon Sign healing, create your Personal Crystal Astrology Profile, discover rituals for your sign, and work with the journal reflection questions.

*The stars may illuminate the path. The crystals help you focus your intention.*



*Awaken. Align. Heal.*

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